# **Camp Avalanche**

January 7 – January 9, 2022

Dear Parent & Student,

Camp Avalanche is a two-night camp full of friends, games, teaching, worship, discussion groups and fun. We are so glad that you will be joining us!

Please read this letter carefully as it contains important information that you will need to know. Please reach out to us if you have any questions.

Middle School Leadership Team MiddleSchool@NewHeights.org

**QUICK DETAILS** 

Check-in time: Friday, January 7th at 5:30 pm Pick up time: Sunday, January 9th at 4:00 pm

Check-in / Pick up location: New Heights Church - Central Campus (8000 NE 58th Ave.

Vancouver, WA, 98665)

Camp Location: Eagle Fern (Estacada, OR)

### **BEHAVIOR STANDARDS (STUDENT AGREEMENT FORM)**

As with all our activities, a completed Student Agreement form is required for each student. By attending this trip you agree to abide by all behavior standards set by New Heights Church. We provide these rules and guidelines in an effort to allow the best trip possible for all involved.

### **CABIN ASSIGNMENTS**

Buddy requests are available upon registration. Buddy requests are not guaranteed, but we promise to do our best in forming cabins. We want every student to have the best camp possible! If you have any specific concerns, please send us an email at <a href="middleschool@newheights.org">middleschool@newheights.org</a>.

## **COVID**

We will be keeping our existing New Heights policy. Our staff will be masked in our indoor gatherings. But we are asking families to self manage their masking.

## **EMERGENCY CONTACT**

Middle School Staff or your student can be reached by calling Eagle Fern Camp at 503-630-4978.

# **Camp Avalanche**

#### **LUGGAGE**

You will need to pack all items in no more than 2 pieces of luggage, including sleeping bag. Only carry-on items will be allowed on the bus (pillow, purse, small backpack).

#### **MEDICATION**

Any prescription medication must come with a note from a parent/doctor and be turned in to the staff at check-in on Friday. Any violations of these guidelines may result in you being sent home from the trip.

#### **MONEY**

There is nothing students will need to spend money on during camp. All meals, entertainment, travel expenses, etc are covered in the camp fee. If students do bring money, please keep the amount small. While at camp, students should keep their money in a safe place. Students can often lose track of valuables amidst the energy of camp!

#### PACKING - THE DO'S & DON'TS

## Don't forget:

- Pen, paper, Bible
- 2 Pairs of Shoes (in case one gets wet)
- Clothes for 3 days (weather will be cold)
- Sunscreen, chapstick
- Personal items (shampoo, toothbrush, deodorant, etc.)
- Towel, shower sandals
- Sleeping bag, pillow
- Flashlight
- Camera (optional)
- Skateboard, Rollerblades (optional)
- Helmet (required if you want to skate)
- Sports equipment (optional)
- Art or drawing supplies (optional)

#### Leave at home:

- Drugs, Alcohol, & Tobacco
- Vape Pens
- Weapons, Pocket knives, etc.
- All Electronics (cell phones, iPad, video game consoles, etc.)

#### **TECHNOLOGY**

One of the great things about camp is the opportunity to "unplug" and make real connections with people. With that said, we ask all students to leave cell phones and any other technology or device at home. All leaders will have cell phones students can use to call home, although cell reception at camp is limited. (We do have access to a land-line telephone while at camp.)