



# WHERE DO WE GROW FROM HERE?

## **Peace**

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We all \_\_\_\_\_ for \_\_\_\_\_.

Peace: An \_\_\_\_\_ even when \_\_\_\_\_ is \_\_\_\_\_

### **Foundational Understandings of the Fruit**

1. It is fruit, not root.
2. It is the fruit of the Spirit, not self-determination.
3. The root of the fruit is your relationship with the Father.
4. The fruit of the Spirit describes who you want to be.

John 16:33

<sup>33</sup>I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.

### **Because of Jesus, I can be...**

1. At \_\_\_\_\_ with \_\_\_\_\_. (Romans 5:1–2)
2. At \_\_\_\_\_ with \_\_\_\_\_. (Ephesians 4:32)
  - o Peace with \_\_\_\_\_ will never \_\_\_\_\_ me as much as it \_\_\_\_\_.
3. At peace with \_\_\_\_\_. (Philippians 4:11–13)

### **How do I get peace?**

1. Weigh... my own heart
  - o Where do I \_\_\_\_\_ in my life?
2. Pray... and ask God for Help
  - o \_\_\_\_\_ for peace is a \_\_\_\_\_ God wants to \_\_\_\_\_.
3. Say... something to someone
  - o The person I'm going to tell is \_\_\_\_\_
5. Obey... and take action

Philippians 4:6-7

<sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

### **Discussion Questions**

1. Do you have a "comfort item"? If so, what is it and how does it give you a sense of peace?
2. What area of your life do you need to experience God's peace right now?
3. How can the peace God provides be something that "transcends understanding" as it says in Philippians 4:7?